

PLAINS YANKEE CHEER RULES 2021



Restated February 2021

1. All participants must be a resident of Plains Township or the authorized areas governed by the Wyoming Valley Junior Football Conference (WVJFC). Exception: A sister of any current participant who has moved out of the authorized territory is eligible.
2. Team 14U – 12, 13, 14...must be 12 by Aug. 1st and cannot turn 15 prior to end of the season (very last competition)
Team 11U – 10 and 11...must be 10 by Aug. 1st
Team 9U – 7 (2nd year returning), 8, 9...must be 7 by Aug. 1st
Team 7U – 5, 6 and 7 (1st year – new)...must be 5 by Aug. 1st

*per WVJFC rules – any 7, 9 or 11 year old ONLY can move up to the next age division as long as it doesn't diminish a team. Will be the club decision.
3. **No more than six (6) absences** will be allowed. This includes games, parades, practices, vacations and club sponsored special events. **After** six (6) absences the board will vote on dismissal.
4. If a participant knows that she will not be able to attend a practice, games, parade, etc. she must contact her coach at least one hour before the event.
5. All participants are responsible for their own uniform, pompoms and personal appearance. ***There will be an "at-cost replacement" fee imposed for any damaged, lost, unreturned or uncleaned issued/owned uniform or equipment.***
6. All graduates must return all club issued/owned items at least one week before the banquet or if continuing on All-Star squad, items must be returned at designated time. No club benefits such as trophies, banquet tickets, etc. will be considered until all items are turned in. Returning cheerleaders who have not returned the uniform from the prior year are required to pay an additional fee of \$50 at registration.
7. Parents/guardians are responsible for purchasing the remainder of the uniform which is not provided by the club. This includes sneakers, laces, socks, briefs, gloves, sweatpants, and turtleneck tops for under the uniform. **NOTE: turtleneck midribs purchased by the club beginning 2015 season.**
8. Any misconduct at a practice, game or parade will result in notification to the parent.
9. Any misconduct at a game, practice or parade will result in the girl being benched at the discretion of the advisor.
10. All participants must fully participate in any and all fund raising events sanctioned by the club.

11. Parents/guardians are responsible for the transportation to and from all practices, games, parades, etc. Coaches' responsibility ends at the conclusion of each respective activity.
12. All participants presently on the squad must re-register and pay the registration fee each year.
13. If a participant quits any squad, she cannot return to that squad until approved by the executive board of the Yankee Dugout Club.
14. Participants are eligible to graduate when the following requirements are met:
 - a. If a participant will be 15 years old before the end of next season (if participating in Misericordia competition, that will be the end of cheer season), she must graduate.
 - b. If a participant will not be 15 years old before August 1st but has completed five (5) years of service with the Yankees, she may choose to graduate.
15. The number of participants accepted on each squad is at the discretion of the advisor with the approval of the executive board. Selection is based on the following:
 - a. D Squad/7U - selection for the squad is based on the number of slots open on the squad.
 - b. C Squad/9U - selection for the squad is based on the number of slots open on the squad.
 - c. B Squad/11U - selection for the squad is based on the number of slots open on the squad.
 - d. A Squad/14U - selection for the squad is based on the number of slots open on the squad.
16. To be eligible for captain or co-captain a girl must have completed at least two (2) years as a Plains Yankee participant. Captains must be in their final year of age eligibility on that team and must have registered no later than the last advertised registration date on the registration flyer:
 - D Team/7U – no captions/co-captains
 - C Team/9U – 9 years old
 - B Team/11U – 11 years old
 - A Team/14U – 14 years old

Captain and/or co-captains may be held by try-outs (determination for try-outs will be made by the number of eligible girls per team) and can include the following:

- a. LEADERSHIP – ability to get along with others.
- b. RESPONSIBILITY – as demonstrated during the season.
- c. ATTITUDE – behavior at games, practices, parades, etc.
- d. FUNDRAISING – score one point per fundraiser only if girl fully participates for 2 years

- e. ATTENDANCE – at games, practices, parades. Deduct one point for each absence (2 years).
- f. YEARS OF SERVICE – score one point for each year the girl has been a cheerleader.
- g. GYMNASTIC AND CHEER ABILITY/ INDIVIDUAL ROUTINE.

Ties will be broken by the high score in the following priority:

- 1. Years of service
- 2. Gymnastic & cheer ability/individual routine

Selection for Captain and/or Co-Captains is generally done in June.

- 17. All parent/guardians will pay a stand fee. This fee will be returned when the parent/guardian works the stand at a home game.
- 18. Any parental problem that cannot be resolved by the coach will be brought to the attention of the executive board of the Plains Yankee Dugout Club.
- 19. All problems with equipment and/or uniforms must be brought to the immediate attention of the coach.
- 20. Coaches will not be responsible for personal items such as jewelry, glasses, and other personal items.
- 21. All participants must remain with their respective squad in full uniform for the entire duration of the game/event in which they participate. Participants who do not abide by this rule will be marked absent for that game.
- 22. EACH PARTICIPANT IS REQUIRED TO HAVE A PHYSICAL EXAM BY THEIR PHYSICIAN PRIOR TO THE FIRST DAY OF PRACTICE. PROOF OF EXAM MUST BE SUBMITTED ON THE PHYSICIAN'S LETTERHEAD BY JULY 1.
- 23. Jewelry of any type is not allowed during practices, games, parades etc. This is for the safety of the participant. Per PIAA regulations this includes all necklaces, bracelets, earrings, watches, hair beads, metal hair accessories, etc. Officials and coaches will closely monitor this situation.

*** Please note all rules and regulations are subject to change by mandate of either The Yankee Dugout Club or the Wyoming Valley Junior Football Conference (WVJFC). If there are any changes participants will be notified.

If you have any questions, please contact your coach.